

The Herald_

Newsletter of the Greek Orthodox Church of the Archangels • 1527 Bedford St., Stamford, CT 06905 FEBRUARY 2018

Home Sweet Home

One thing I asked of the LORD, that will I seek after: to live in the house of the LORD all the days of my life, to behold the beauty of the LORD, and to inquire in his temple. – Psalm 27:4

Everyone needs a home to live in. A house in the suburbs or in the city. Condo or apartment. Room or suite. Tent or trailer. Cell or cave. Homelessness is not exactly God's plan for us.

Luxurious or plain, we usually make it our own. Photos here. Chairs there. Television in just the right spot. Paint or wallpaper as needed.

After just over seven months of renovation, we returned to the physical site of our spiritual home, the temple or sanctuary named for our patrons, Archangels like Michael, Gabriel, Raphael and Uriel. We did quite well – much more than probably most of us thought – worshipping temporarily in the Hall where we transplanted our essential furnishings: Altar, Table of Preparation, Chanter's Stand, Pews, Icons, Candelabras, Baptismal Font. While some may have considered it unattractive, others actually felt the space to be more intimate and comfortable.

But no one thought of it as permanent. Just like making repairs on our own homes that displace us from a bedroom, the kitchen, or a bathroom, we made the adjustments and looked forward to a reunion with improvements.

While there were certainly some disappointments along the way – above all the entire ventilation system that had to be replaced – our entrance on Sunday, January 28, was an occasion of sheer delight to, among other things, behold the beauty of the Lord. Oh, by the way, it was certainly nice to feel the heat working like never before.

While a summary of the improvements is documented later in this issue, I wish to draw your attention to the simple fact of new surfaces, reconfigured spaces, enhanced systems, and professional cleaning that contributed to bringing out the original beauty of this sacred structure and improving upon it not just for us now but for a generation yet to come.

Behold the beauty of the Lord. Through our use of materials that God generously provides in nature to construct walls, make furniture, shape marble, create lights, and manufacture paint.

Behold the beauty of the Lord. The world has always been filled with terrible images of violence, injustice, immorality, lies, and insanity. God's original icon – the amazing Cosmos – never ceases to evoke our reverence and curiosity, from star gazing to satellites in space and telescopes that peer into deep mysteries light years away.

Behold the beauty of the Lord. God's most perfect icon – Jesus Christ our Lord – has come to reveal and redeem our true identity that gets lost easily in the cares of this life and its bruising, competitive, and stressful complexity. Truly we are created as marvelous, beautiful, living, breathing icons of the Trinity, even though every sin and omission disfigures the original handiwork that Christ has now restored.

Behold the beauty of the Lord. The Byzantine Christian Tradition, of which we are direct heirs, has bequeathed to us perhaps the most complete integration of sacred space (the temple structure), sacred art (icons and vestments), sacred music (chant and song), spirituality (prayer and embodied movement) and sacred time (the church year of feasting and fasting).

Behold the beauty of the Lord. Through small tiles that form the exquisite icons of Christ Almighty (in the dome) and the Theotokos holding her Child (in the apse above the Altar), two commanding presentations dominate the interior. They sparkle like new and are worthy of awe that inspires worship of the Lord, not just admiration that is easy to walk away from or

CHURCH OF THE ARCHANGELS CAPITAL CAMPAIGN

"Come let us vebuild"



Churchof theArchangels CapitalCampaign

Please pledge or donate today to help reach our goal!

Mail checks to 1527 Bedford Street, Stamford, CT 06905

For more information, call 203-348-4216 or visit www.archangelsgoc.org

consign to photos in Facebook or a smart phone. I am convinced, based upon the most reliable stories of the Saints through history together with anecdotes of various people today, that Icons such as these are deserving of sustained gazing that invites us gently, lovingly and persuasively into deeper and more profound intimacy with God. Like the inspired Words of Scripture, they convey to us the truth of Christ along with the power and grace to help us become better people.

I can think of no better time to seize upon our Re-entrance than the sacred season of the Great Lent this month with its enhanced practices of prayer, spiritual striving and compassionate outreach. In fact, on Sunday, February 18, the day before Lent begins, we remember the Expulsion of Adam and Eve from Paradise that happened because they decided not to listen to God (Genesis chapter 3). It is the primal story of getting lost by wanting to do things our own way. The rest of the Bible is all about God's unrelenting search for us to come back home to him!

Behold the beauty of the Lord. Welcome back to our home, sweet home, everyone!

– Fr. Harry

PASTORAL QUESTION & ANSWER

Q: Why is the exchange of mutual forgiveness so crucial for starting Great Lent?

A: Because life involves forgiveness of sins – the few that we may be aware of and the many that we may not yet be aware of - through what Christ has done for us. Consider Jesus' parable about the unforgiving servant in Matthew 18:23-35. A king calls his servants to repay their loans. One servant cannot repay the fantastic sum of 10,000 talents (worth about 160,000 years of wages!), but begs not to be sold into slavery, along with his family. The king immediately forgives him everything. But then, this same servant goes out and demands repayment from someone else who only owes 100 denarii (worth only 4 months' wages). When this person asks to be forgiven, the first servant

angrily refuses and throws him into prison! When the king finds out, he pronounces a harsh sentence on the first servant who did not share the king's amazing mercy with his fellow man. Jesus concludes, "So my heavenly Father will also do to every one of you, if you do not forgive your brother or sister from your heart." All of us have either been hurt by others or hurt them, either through something deliberate or accidental, by doing something wrong or failing to do what is right. Whenever we are not willing to ask forgiveness from others or to give it to them, we run the terrible risk of behaving like the ungrateful servant. The best way to enter Lent and observe Clean Week (the first week of Lent) is to seize the initiative, approach others in humility, ask for forgiveness, and let go of our resentments.



Fr Harry presents on the Old Testament Prophets - Mysticism, Spirituality and Us - at the 3rd Interfaith Bible Study @ St John's Lutheran Church (Feb 1)

PARISH COUNCIL

Parish Council

At our most recent meeting we reviewed and discussed the 2016 Audit Committee's findings, preliminary 2017 unaudited financials, and proposed 2018 budget. This lead to January's General Assembly where the parish voted to accept the 2016 Audit Report and to approve the 2018 budgets for the church and the athletic club. The Council's officers plan to pursue and implement the Audit Committee's recommendations outlined in its report.

Thirteen council members joined ministry leaders to actively participate in the parish's follow-up Leadership Retreat on Saturday, January 20th. We created action items designed to achieve all aspects of the church's mission statement. These action items were given specific timelines and assigned accountability to specific ministry leaders and parishioners. These are concrete steps toward our positive development as a parish.

If you are on Facebook, you will have recently noticed more posts chronicling the life of our community. If you follow email you will have noticed very regular updates and photos related to parish construction. These are examples of broader and more frequent communication amongst us all. They do not replace human interaction, but they do fill in the gaps in very informative and reliable ways. Stay tuned for more.

Our newest Parish Council members (class of 2020) were formally sworn in this past month. They include Steven Georgeou, Natalie Kulukundis, and Robert Spanos. They join re-elected members Steven Fornaciari and Georgette Perimenis, along with Argyris Vassiliou who fills a seat vacancy through 2019. Again we thank them for joining the rest of us in dedication to service. This will be the third year of a consistent officer core that includes Jason Konidaris - President, Georgette Perimenis -Vice President, Elias Lolis - Treasurer, and Steven Valassis -Secretary. Note our February meeting has been moved to Tuesday the 27th in order to accommodate school winter break. Contact Jason Konidaris jason.konidaris@yale.edu

Treasurer's Report

The 2018 Operating Budgets for the church proper and SAC were approved unanimously at the January 21, 2018 General Assembly. In addition, the report of the 2016 Audit Committee was approved. The Council will review the report's recommendations. The Parish Council is grateful to all who stayed after Liturgy. This month we will be working on finalizing the 2017 year-end figures. Contact: Elias Lolis, elolis@aol.com

Stewardship Report

The Stewardship Committee would like to thank the 214 individuals and families who made Stewardship financial contributions to the Church of the Archangels in 2017. The total amount given was \$417,274, a 10.1% increase from 2016 despite the ongoing capital campaign. Stewardship is by far the largest source of revenue for the Church's many ministries. We will be sending out final 2017 tax statements to all stewards in February. A key goal for 2018 is to continue increasing participation. We are encouraging all individuals and families to complete the blue Stewardship Commitment cards and to embrace the idea of proportional giving of time, talents, and treasures. Lastly, we want to highlight that Stewardship is primarily about helping parishioners grow in faith. As believers, we are called to center our lives on Jesus Christ and the Gospel. We should do so joyfully and with love and humility. Contact: Tim Hartch, timhartch1@outlook.com

Additional Stewards (December 20, 2017 – January 25, 2018)

Anonymous Aivalis, Nicholas / Deedee Caloutas, Sophie / Morelli Marietta Chu, Elizabeth K / James Michael Efkarpidis, Konstantina / Dimitrios Gevas, Sophia / Burtt, Jr., Theodore C Hoffman, Elaine / Hans, Peter Karidas, Dr Anna Kazianis, Dr John A / Litrivis, Dr Evgenia Kordes, Mary Lee Laveris, Maria Laveris, Nicholas A Louizos, John J / Stacy H Maskaleris, Christina P / Elias R Poulos, Dean G / Dorie Poulos, Rev Father George / Christine Skoparantzos, Diane / John

New Stewards (December 20, 2017 – January 25, 2018)

Aloupis, Magdalini / Zacharias V Aravidis, Konstantia Dena / Angelos Badoyiannis, Mary Balabanis, Stamatia / Petsas, Stefanos Caloutas, Sophie / Morelli, Marietta Cassidy, Theresa A / Cholakis, Peter L Chelbogiannis, Marie J / Panagiotis D Condos, Harry Daifotis, Nicholas P Damascus, Dr James A Demetros, Peter Devito, Maria / Matthew J Feldman, Mathew A / Chivily, Theanne M George, Anthony C George, Peter G Gould, Penelope M / James E Harisis, Vasiliki / Valassis, Haralabos Jackson, Michael Jones, Rachel Kakouras, Kalliope / Panagiotis N Kambas, Sylvia / James W Kapsimalis, Irene / Chris - Stevenson, Diane Karayiannis, Alexandra / George Kardaris, Maryanne / Dennis Konidaris, Janie T / Jason B Kulukundis, Elias N Kulukundis, Natalie A Lambrinakos, Mary Man, Jonathan

Marcarello, Kyriaki / James J Nanos, Alexis Stacy Nanos, Luisa M / Christopher A Nanos, Amy / George Nanos, Jennifer Pamela Nijmeijer, Gerrit / Ismini Naos Otis, Marcine / James Papadatos, Andreas / Thickett, Brenda Carol Paparis, Cynthia S / George Pappas, Rev Harry S / Kerry Pascalidis, Lara / Harilaos Patsis, Panagiota / George Perimenis, Sr Peter P / Carmen H Perkins, George A / Dragonas, Jane Sampanis, Maria / Lee Scocimara, Marguerite Sophie Shola, Micheline Siderides, Dr Elizabeth Sierpina, Diane G Sofronas, Catherine Sotire, Amalia / Agesilaos Spanakos, Angela Spanakos, John Spanos, Penelope Z / James K Tsirantonakis, Katina / Margaret Vanech, Terry S / Basil N Venetos, Natalie M / James S Vlahos, Amelia / George J Winn, Goldie O / Paul T

Results of Leadership Retreat, part 2 (Jan 20)

Dr. Anthony Bashir & Mr. Richard Robbat, who again donated their professional services as outside consultants, directed our group of about 25 to divide into 4 teams, representing the areas of our Parish Vision Statement that was developed last October. Each of us did our own written work first before collaborating to finalize concrete, measureable, short (within 1 year), intermediate (1-3 years) and long (3-5 years) range action plans. Preliminary results are the following (with more detail to come later):

- 1. Increase the engagement and faith development of *Youth and Young Adults* by enhancing the quality of current youth ministries and by creating new age-appropriate programs
 - a. Increase cross ministry engagement by launching an integrative plan for the 2018-2019 year by May 2018
 - b. Create an integrated youth ministry service learning program with monthly opportunities to volunteer in our local community by 2019
 - c. Investigate quality programming to adapt for the young adults of our community (ages 18-30 years) by 2020-2021.
- 2. Significantly strengthen *Financial Resources* of the church through communication, education, and outreach. Short term goal: Increase donations from all but top 5 donors to average \$1,250/year, to potentially include membership in the Stamford Athletic Club, and increase number of donor families by 5%. Action Steps:
 - a. Educate parish about financial needs of the Church, providing information about stewardship distribution and gaps between income and operating expense

Responsible parties: Stewardship Committee; Treasurer; Fr. Harry; Parish Council, *Herald*

Deadline: ongoing from present

b. Personalized Stewardship Cards to include suggested donation amounts based on past history. Reframe donation amounts into relative terms (\$/week, for example).

Responsible party: Stewardship Committee

Deadline: October 2018

c. Change Time and Talents part of Stewardship Card to be more profile oriented. Use card to acquire information about parishioners and their interests.

Responsible Parties: Stewardship Committee

Deadline: October 2018

d. Hold a Stewardship Campaign Launch Event to make goals officially known and shared by all.

Responsible Party: Stewardship Committee

Resources: Regular announcements; Information in the *Herald* Deadline: October/November 2018

e. Expand suitable members for Stewardship outreach.

Responsible Party: Head of Stewardship

Deadline: March 2018

f. Personal outreach to all delinquent or absent members and to all new members.

Responsible Parties: Stewardship Committee, Outreach Committee

Deadline: June 2018

g. Encourage Increase in Candle and Tray Donations. Responsible Parties: Father Harry, Treasurer, Parish Council. Resources: After Liturgy, Herald

h. Include SAC membership in stewardship, making it tax deductible—hence annual target of \$1,250 rather than \$1,000 for stewardship.

Responsible Parties: Stewardship Committee, Parish Council Deadline: October 2018

Intermediate & Long Terms Goals have been established

- 3. Deepen and enhance the *Spiritual Growth* of the church community from Sept 2018 – Aug 2023:
 - a. Find resources to distribute: "Daily Reading" lists; "How to Read" articles; accessible materials – such as *Story Bible* by Pearl Buck; Bible Study in different languages; Audio Recordings of Scripture (digital)
 - b. Identify various ways to read the Bible: own your personal bible; daily bible reading; audio recordings; book *Bread for Life* by Fr. Theodore Stylianopoulos; digital Apps for smartphones/tablets
 - c. Promote participation in regular attendance of Bible Study through the Herald, CCB, emails, announcements
 - d. Sermon series "What is the Bible? Why do we need to read it?"
 - e. Publish sample plans for readings: personal selection; Archdiocese Daily plan; Gospel & Epistle reading for each Sunday
- f. Daily reflections blog
- 4. Build a Welcoming community and strengthen Current Ministries to engage all segments of the parish
 - a. Short: Create a Welcoming Committee of about 10 people by the second week of February 2018
 - b. Intermediate: Create a culture of ownership and connectivity among the parish ministries by Jan. 2020
- c. Long-term: Develop an Outreach Program

Contact: Fr. Harry or Jason Konidaris

Master Planning

Part 1 ("The Church") is complete! We are pleased with final construction results and hope that the broader parish is too. The fully renovated spaces bring new amenities and functionality. The partially renovated spaces bring freshness without distorting our aesthetic. All aspects of the church, renovated or simply touched up, seem to shine a little brighter. Everything is in keeping with the spirit of the building's original beauty. Along the way we hit quite a snag and were humbled by it - coming to terms with the fact that our entire ductwork system had degraded beyond repair. We also came across extras that we deemed to be imperative additions; namely insulation where there was none. Yes, over \$300k in ductwork remediation and \$20k in insulation work was added to a planned renovation of approximately \$350k. That difficult decision and your generous pledges are what it took to ensure our ability to gather and worship together for generations to come. We were blessed in our ability to accomplish it.

Part 2 ("The Rest") - Our entryways, fellowship hall, meeting spaces, kitchen, offices, hallways, classrooms, restrooms, and storage, in essence everything on our first floor - comes next. This will ensure our ability to pursue our broader mission and ministries for generations to come. Planning, design, architecture, and engineering work were tackled many months ago. This month we will look to make adjustments before putting the plan out for re-bid. Our intention will be to begin physical work this summer when our campus goes into its seasonal lull.

Were you in church on Sunday, January 28th? Did you participate in the church's Re-dedication celebration? How did it feel as you crossed through the doors into the new narthex? Did you feel at all renewed? Try to imagine that across the first floor of our entire building. That is what we are striving for. We owe it to our founding members who built it, to our current members, and to our future generations. Most of all we owe it to God. We cannot thank you enough for your continued support. Contact Jason Konidaris jason.konidaris@yale.edu

Summary of Improvements to the Church

General

- New system of underground ductwork for heating and air-conditioning, new plena, diffusers, and returns
- New split HVAC system to dedicated to Narthex, Bride's Room, Nursery, and to supplement Balcony
- Insulation
- Fresh paint on all walls, provided gratis by the company of George Williams, a Parish Council member at Holy Trinity Church in New Rochelle (worth almost \$50,000 in labor & materials)
- Mosaic icons professionally cleaned
- New wool carpeting in Nave, Balcony, Bride's Room & Nursery
- New LED lighting with new wiring as needed
- Sound System improved with new wiring and speakers in certain areas
- Narthex total update from top to bottom
- New sculpted ceiling with two new chandeliers



Rabbi Jay TelRav and members of Temple Sinai's adult study group worshiped attentively with us at Liturgy and engaged in a vigorous conversation during Coffee Hour on Sunday January 14.

- New marble floor (color compliments the porphyry columns in the Nave)
- Pending new hardware for front doors
- New Nursery to accommodate parents and young children, with 1-way glass into Nave & Narthex, along with furnishings: bench, chairs, changing table
- Bride's Room total remodel with ½ bath, large vanity, 2 mirrors, short pew

Balcony

- New resilient flooring underneath organ
- New riser in the rear with two full pews for greater seating
- Repositioned pews to allow safer entrance and exit

Nave

- New wood wainscoting (wood paneling) on side walls
- · Pews reconditioned
- Pew cushions cleaned
- 4 pews in central section shortened to created open space for disability seating or strollers
- 1 set of transept pews on each side were turned inward, with a pew removed to create space for disability seating or strollers
- Modified Episcopal Throne to increase visual access to Altar

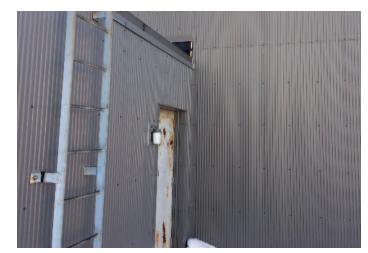
Altar

- New marble floor (color compliments porphyry columns) Vestry (on left of Altar)
- New resilient flooring
- New light fixture
- Sacristy (on right of Altar)
- New resilient flooring
- New exit door
- Finished cabinet for icons
- New bookcase
- New light fixture



Over 50 attended the General Assembly in the gym following Liturgy. (Jan 21)





Metal Cladding and Clapping Before & After

Capital Campaign

On January 7, I spoke to the Community after the Liturgy and announced the reopening of the Capital Campaign with an ultimate goal of \$1.5 million, but in any event not less than \$1.1 million. I have touched on the reasons for reopening the Campaign the past several months: renovations in the Church costing more than was anticipated in 2014, the unanticipated need to renew all the ductwork in the Church, and inflation in building costs impacting our earlier estimates of the cost of Part II. The hole in the ground inside the Church put a big hole in our finances.

By the time you read this, the Community will have moved back into the completed worship space. The renovations look very good, the freshly painted walls (a most generous gift of the George Williams Company) give the feeling that we are moving into a new building, not one that is sixty years old this June. This has happened thanks to the generosity and good will of all of you, for which we are deeply grateful.

Now it is time to focus on Part II. The Master Planning Committee is reviewing the plans and specifications with the architects in preparation for submitting the job out to bid. The bids received last year have expired by this time. It is hoped that the process will move along reasonably smoothly so that we can anticipate starting the job by early summer. In this context, your support of our new Capital Initiative is vital to the success of the project.

In the near future, you will be receiving a communication describing this Initiative and seeking your support. The Committee has already received over \$545,000 in new contributions and firm commitments toward our goal with a further \$150,000 pledged verbally. Of this amount, nearly \$300,000 has been already been received, including the proceeds of the Couyoumjian and Rubirosa estates turned over to the Campaign by the Parish Council.

We are seeking your support to help us attain and surpass our goal. While one-time contributions are always welcome, we hope you will consider an appropriate contribution spread over three years. It is our desire to make the Fellowship Hall as attractive and inviting in its new guise as is the Church now. It will not happen without the support and help of all of you. I am sure you will continue to respond to our appeal as generously as your circumstances permit and that together we will all create a Community space that will joyously meet our desires and needs in the years to come.

We thank you in anticipation for your generosity. Contact: Elias Kulukundis enek@erols.com

Buildings & Grounds

I would like to take this opportunity to thank Michael Jackson & Peter Hantes for recently joining the Committee to share their time and talents. Our responsibilities are many. Their involvement will surely benefit to the community. Accomplishments during this period include the completion of the metal cladding and capping of the upper surfaces of the roof walls of the gym (pictures shown). A steel beam was replaced adjacent to the entrance to the men's locker room. This will rectify a longstanding issue of erosion that precipitated water leaks from the women's shower area into the men's entrance. The women's shower area floor is now being re-tiled, with a membrane beneath, to further rectify the issue. We recently experienced a loss of heat in the basketball court. The electric motor for the heating unit serving that space was recently replaced and heat has been restored. We are in the process of replacing the heating coil on a unit that serves the pool area. Over decades, chlorine in the atmosphere has degraded and clogged its fins, making in very inefficient. On the church side, heat in the Hall was inconsistent in January. We were very fortunate to have Jason Konidaris resolve our loss of off-site interface/monitoring with the church heating/cooling systems. The system had been functioning erratically during our coldest periods this winter due to insufficient gas pressure from our gas provider, EverSource. Jason and Father Harry's continual persistence led to Ever-Source taking full responsibility for the issue; cutting into the asphalt on Third Street, moving us on to a higher-pressure gas line, tapping our under-driveway junction, and replacing our line-set - none of it at Archangels expense. Contact: Peter Licopantis, pglydl3@optonline.net

MINISTRIES

Guidelines for Great Lent (February 19 – March 30)

Here are ways that the Church offers us – as persons, couples, and families – to observe this sacred season:

- Worship services each week:
- § Mondays Great Compline at 7 pm
- § Wednesdays Sacrament of Confession (w/o appointment) at 4:45 pm, followed by Liturgy of the Presanctified Gifts at 5:45 pm
- § Fridays Compline with Salutations to the Theotokos at 7 pm
- Bible reading: subscribe on-line for the daily passages from the Archdiocese (http://www.goarch.org/listserv/), on Facebook (http://apps.facebook.com/daily_readings) or iGoogle (http://tinyurl.com/goarchigoogle). Of course, you could always do it the old-fashioned way: a printed Bible.
- Devotional reading we can read something inspirational and challenging, such as Great Lent, by Fr. Alexander Schmemann. This is a modern classic that explores the meaning of the entire season. Another is Beginning to Pray, by (Metropolitan) Anthony Bloom, something that members of the Parish Council have been reading since last year.
- Fasting:
- § Spirit We can identify one bad habit and battle it (e.g., smoking, drinking, overworking, anger, laziness, pride, lust, carelessness) and build a good habit instead (e.g., compassion, self-control, sensitivity to loved ones). We can reduce our dependence on entertainment (such as television, movies, athletic events, web surfing, gambling), and shopping for luxuries and non-necessities. Then we can use this time instead to attend worship, pray at home, read something devotional, or help someone in need.



The Preschool children having a yoga session (Jan. 11th)

- § Food we can reduce the amount we eat every day (e.g., smaller portions, fewer snacks), and simplify and lighten our diet. The traditional prescription is to eat vegetables, beans, fruit, nuts and grains, and to eliminate all meat and meat byproducts (red & white meat, along with milk, cheese, butter & eggs) and boned fish. Olive oil and wine are allowed on weekends. If this seems too demanding or impractical, we can consider abstaining from meat but eating some dairy. Bottom line: we are not really fasting unless we change our diet in a way that challenges or inconveniences us! The purpose is greater self-control so that the Holy Spirit can liberate us from our compulsive drives and lighten ourselves physically to love God and others more fully. Note: pregnant or nursing mothers, children under the age of 7, and those who are already very weak due to sickness or old age are not required to fast physically.
- Giving alms: we are called to become personally involved in at least one practical, hands-on ministry that serves the poor and needy – such as volunteering at Stamford Hospital, visiting a shut-in or someone in a Nursing Home, helping a neighbor with an errand, providing a meal, spending time with someone who is lonely, working at a local charity such Domus or Inspirica. With the money we save by not spending it on ourselves, we can support missionary work (such as the Orthodox Christian Mission Center – www.ocmc.org) or philanthropic outreach (such as the International Orthodox Christian Charities – www.iocc.org - or Emmaus House in Harlem).

Sacrament of Confession

Holy Confession is the most neglected and misunderstood Sacrament. Fr. Evdokimos of St. Paul's Monastery on Mt. Athos considers it to be the most important for how we live today. An excellent article by best-selling author Jim Forest can help inform and inspire us, "Confession: The Healing Sacrament" (available at church and through our web site). Both Fr. Harry



The Preschool children enjoying Pizza Day! (Jan. 18th)



Children enjoy various activities in the gym during Family Gym Night on Saturday, January 6.

and Fr. George are available by appointment; as well, Fr. Harry will be available without an appointment on Wednesdays during Lent at 4:45 pm. Even if we are not burdened by something specific, receiving Confession is an annual spiritual check-up, an invaluable way to grow in Christ, draw nearer to one another, and is the best preparation by far for receiving Holy Communion. This is far more important in preparing to receive Communion than what we eat.

Education

- On Sunday, January 14, Rabbi, Jay TelRav led a group of 16 adults from Temple Sinai in North Stamford to attend Liturgy and dialogue with me during Coffee Hour. They have been studying the Christian Tradition and are visiting various churches. This group was on time to worship, respectful, attentive, and prayerful. During our 45 minute exchange I fielded a number of practical and perceptive questions and comments on the beauty of our worship and hymns, the reverent bowing at the consecration of the Gifts, how we decide language in worship, the engaging interaction combined with tradition, similarities and differences with other Christians traditions, as well as those in their own Jewish tradition. It was illuminating and inspiring for me as I let them know how they inform and challenge us now to experience Judaism.
- Interfaith Bible Study of the Old Testament Prophets will conclude on Thursday, February 8, 7:30 pm @ Temple Beth El (350 Roxbury Road). Topic: Social Justice. These have been well attended and very stimulating with contemporary Christian and Jewish perspectives.
- Men's Koinonia Although in Florida for a few months, George Khouri participated via speakerphone in our Jan 24 session. George Paparis introduced the issue of distraction and noise in our lives and how these compete with the practices of prayer, spiritual reading & meditation. Following vigorous discussion, we reflected as a group on the upcoming grand Reopening of the Church proper. Next meeting is Thursday, March 1, 7 pm. Contact: Fr. Harry

- Couples Koinonia met for the first time at Fr. Harry and Pres. Kerry's home on January 21 for fellowship and a facilitated discussion on marriage. It was a lovely meeting for all who attended. The next meeting for this group will take place on Sunday, February 25 at 7 pm, where we will discuss the topic of establishing good habits for married life.
- Bible Study resumes on Wednesdays during Lent according to the following schedule:
- § Liturgy of Presanctified Gifts 5:45 pm
- § Lenten meal 7 pm (provided for freewill offering)
- § Bible Study 7:30 pm

Topic: continued dialogue about the Old Testament prophets that began last fall. First up – Jeremiah.

- Family Lenten Retreat on Saturday, February 24, 9 am 3 pm. Theme: "Building Our Home in Christ" with two interactive presentations by Mr. Paul Karos of Minneapolis. We are deliberately expanding this to include parents and teenagers. See attached flyer for details. Contact Fr. Harry (hpappas@svots.edu) or Steve (steve@archangelsgoc.org) for more info; RSVP with Ritta (203) 348-4216 or office@archangelsgoc.org. Freewill donations are encouraged to offset costs. Childcare available for an hourly fee by prior arrangement (Rachel Jones is investigating this racheljones.cpa@gmail.com).
- Lenten Retreat @ New Skete Monastery on Sat, Mar 17, 8 am – 6 pm. "Transforming Our Lent." Begins with Matins and concludes with Vespers. Presentations include: "Lent: A Journey into the Desert", "Tools to Transform Lent from Humdrum into Spiritual Enrichment", and "Mary: Model of Discipleship." Cost: \$40/person for full day. Contact Fr. Harry for further information. Registration required: http://www.newskata.org/rateat.cog/stateat.com

https://www.newskete.org/retreat-registration-form.html.

Family Gym and Game Night

I tip my cap to some very hearty Greeks who braved some very frigid conditions to come out to Family Gym and Game Night on January 6th. The temperature certainly dipped that night but not our spirit!!! Once again, we had a great turnout at our Cultural Center Gym with over 75 kids and adults in the crowd, and enjoyed a great night of activities and fellowship. Parents, grandparents and children of all ages played board games; the younger children did some coloring and shot baskets on our adjustable hoop and the older kids played organized gym games led by volunteer parent coaches. Plus, this time around, we did something new for the younger children - "story time" after dinner. Stacy Valassis was our special guest host and had the younger kids fully entertained reading some classic children stories to the group. Thanks to an anonymous donation, we had the added treat of a new foosball table to go along with ping pong. And of course we all ate well with a wonderful dinner of pizza and salad from Hope Street Pizza, which was provided by Archangels for a free-will donation. We also continued our postdinner whiffle ball tradition with another great game.



The 'Stamford United' JV division boys basketball team defends against the team from New Rochelle during their game (Jan. 21)

Some of the best "plays" of the night are recapped below:

Game Highlights: "Mrs. Kiriaki would be proud award" goes to Deena Amanatides, Margaret Cholakis, Katerina Giannakopoulos and Daphne Dimitroglou, all alumni of Archangels preschool graduating a few years back. The girls had a mini-reunion and were a beautiful site, chatting it up, laughing and playing "Head Bands". They were all well behaved and graciously included one of the younger boys in the crowd who wanted to join in. Mrs. Kiriaki certainly taught them well! "Best Play" goes to Theodore Diamond. Someone hit a bullet up the middle and out of nowhere young Theodore leaps up, gets a hand on it, falls to the floor, does a little juggle and somehow comes up with it. Amazing! "The I got Power Award" goes to both Julia Nanos and Ioannis Tzavaras. When the game was tight early on, Julia came up big, blasting a shot to deep center field for only the second home run ever at our field. After seeing Julia go to town, Ioannis decided to join the party - butinstead of hitting one home run, he crushed two. We're going have to check the bats next time. "Best Adult Performance" has to go to Kostas Tzavaras. His toddler, Anastasia, who is destined to be a track star, was running all over the gym, and Kostas kept up with her the whole time, with a big smile to boot.

Thankful and grateful are words that can never be said enough as I attempt to express my appreciation.

During the sudden illness and unexpected passing of my husband Nicholas, I thought "... and now I am alone..."

But I was wrong. I found myself in the loving and caring embrace of "our Preschool Family" and "our Church Family." I was given genuine and selfless much needed support for which, from the depths of my heart and soul, I will forever be thankful and grateful. It provided an immense comfort to my entire family.

THANK YOU!

Kiriaki Yoranidis, Preschool Director/Teacher



Coach John Skoparantzos (center) leads the JV boys in Friday night practice.

Prayer of the Month

The single most characteristic prayer of Great Lent is that of St. Ephraim of Syria (Deacon, poet, hymn writer and theologian 306-373 A.D.). It is prescribed by the Church to be said at least once every day, with a prostration after each stanza:

Κύριε καὶ Δέσποτα τῆς ζωῆς μου, πνεῦμα ἀργίας, περιεργίας, φιλαρχίας, καὶ ἀργολογίας, μή μοι δῷς. (μετάνοια)

Πνεῦμα δὲ σωφροσύνης, ταπεινοφροσύνης, ὑπομονῆς, καὶ ἀγάπης χάρισαί μοι τῷ σῷ δούλῳ. (μετάνοια)

Naì, Κύριε Βασιλεῦ, δώρησαί μοι τοῦ ὁρῷν τὰ ἐμὰ πταίσματα, καὶ μὴ κατακρίνειν τὸν ἀδελφόν μου, ὅτι εὐλογητὸς εἶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν. (μετάνοια)

O Lord and Master of my life, give me not a spirit of laziness, sinful curiosity, lust for power, or idle talk. (prostration)

But give rather to me, your servant, a spirit of self-control, humility, patience, and love. *(prostration)*

Yes, Lord and King, grant me to see my own faults and not to judge my brother or sister, for you are blessed to the ages of ages. Amen. *(prostration)*

- A prostration (μετάνοια) involves the following:
- From a standing position, make the sign of the cross
- Lean forward, bend the knees, and touch knees and hands on the floor
- · Gently bow and touch your head to the floor
- Resume standing position.

Such a practice allows us to pray physically (not just mentally) and expresses more completely our surrender to Christ who loves us.

Did You Know?

During the time of the Apostles, Great Lent started as a 2-day absolute fast (no food or drink at all) to prepare for Easter. By



Married Couples Koinonia inaugural session at Pappas home (Jan 21)



Theophani Sarigianis (center) and Athina Muniz (right) teach a lesson on St. John the Baptist during Church School. (Jan 7)

the 3rd century, it was extended to 1 full week of vigorous fasting (extensive reduction of food and drink). Then in the 4th century Great Lent grew to 40 days of ascetical fasting (reducing amount, lightening types of foods) so that adult catechumens, who were preparing for 2-3 years to become Christians, could better prepare for the Sacrament of Baptism at Easter. Those already Christian were encouraged to join them in the spiritual struggle of fasting to renew their own Baptismal identity in Christ. Great Lent begins on Clean Monday (February 19 this year) and concludes on Friday of the 6th week (March 30). Of course, we continue fasting from the Saturday of Lazarus (March 31) through Holy Saturday (April 7). In other words, Holy Week is distinct from Great Lent.

Head Chanter During Holy Week

Every year, our staff investigates trained head chanters to lead the marvelous and complex singing during Holy Week & Easter. Again this year, since we are unable to find someone here in the U.S., Mr. Haralampos Kourgiantakis, Professor of Religion and Head Chanter (Protopsalti) on the island of Kerkyra (Corfu), has accepted our invitation to return with his wife, Christofora. Travel & stipend are covered by our Operating Budget. They will stay at the home of Fr. Harry and Presvytera Kerry.

Kali Parea Seniors

We look forward to our first meeting of the year on Thursday, February 15 from 12 noon to 2:30pm. Meetings are changing from the 2nd Wednesday of each month to the 2nd Thursday starting this month. As usual, we will begin with a short business meeting, then have a delicious catered lunch. Featured this month is a wonderful slide show by Steve & Theophani Sarigianis of the entire 7+ months of renovation of the church from start to finish; this will be followed by a personal tour of the church led by Fr. Harry. We will meet in the hall. Contact: Pam Koutroubis.

Ladies Philoptochos Society

We are very proud to report that the Archangels Philoptochos made charitable donations totaling \$26,435 in 2017! Thank you to all our members for their dedication to the Philoptochos mission to help the sick, suffering, poor, handicapped, elderly and veterans in our region, country and the world (especially Greece). And thank you to parishioners and friends who supported our fundraisers and activities last year. Our chapter recently approved a donation to the Norwalk Fire Department's emergency fund to help the victims of a recent condominium fire. Philoptochos ladies continue to knit shawls for and are visiting homebound parishioners. Anyone interested in participating in the knitting project, please contact Marion Vanson, Cindy Mixcus or Eugenia Zavras. Thank you also to all who supported the holiday bread sale and contributed to the tray passed to benefit St. Basil's Academy. The next meeting of our chapter is Tuesday, Feb. 6 at 7 pm in the church hall. Philoptochos is planning to celebrate Heart Sunday on Feb. 11th and will raise funds for a local heart organization. The district Philoptochos meeting will take place Sunday, March 11, at St. Barbara's Church in Orange. Contact: Eugenia Zavras, (203) 322-9561 or etz124@yahoo.com

Church School

Our program continues to benefit from steady participation and attendance! We are thankful to the families of our program for allowing it to thrive in this way. We had a successful Philanthropy/Service Sunday last month in which our children made Valentines that will be mailed to the children of St. Basil's Academy. For this school-wide service project, children began with a mini-lesson on "The Greatest Love Story of All" and a discussion about Jesus' love for us. Over the next few weeks, our faculty and students will slowly begin preparing for Great Lent. Our curricular activities will have an increased focus on mercy, almsgiving, and prayer during this holy period. Families are encouraged to attend two opportunities that will help



Greek School students construct detailed displays of the various geographical areas of Greece as part of the Three Hierarchs Program. (Jan. 28)

prepare them for Great Lent: the Clean Monday program which will be hosted this year at our sister Parish, the Church of the Annunciation on Monday, February 19, and our Family Lenten Retreat on Saturday, February 24. Childcare will be provided for our parish retreat so that teachers and parents of our program can attend. Our next Sacred Music Sunday is scheduled for Sunday, February 18. Wishing families a blessed Lenten period. See you at our Mardi Gras Costume Party celebration on February 2nd! Contact: Dr. Evelyn Bilias Lolis (ebilias@aol.com)

Greek School

Last Sunday January 28 during the Three Hierarchs celebration, the Greek School presented a Geography Fair of Greece. Our students were very well prepared and did an incredible job. Families and friends enjoyed this fantastic trip to Greece through the exhibition of geography fair boards that each class had made with exceptional creativity and love. It was so impressive having our students guide us through the Greek islands, Makedonia, Epirus, Crete, Peloponnese and Sterea Ellada, and remind us how beautiful and historically important a motherland we have. At the end of the event, Dr. Evelyn Lolis announced the awards of the map competition and rewarded all students with a Greek map. The celebration lunch was provided courtesy of the Greek School PTO & the Church. Finally, all of us would like to especially thank Bonnie Spetsaris for creating and donating the Greek maps to our students! Contact: Anna Lempesi, ann.lempesi@gmail.com

GOYA

2018 has seen a quieter start for GOYA. On Sunday January 14, teens and advisors met for their monthly meeting after Liturgy. Dr. Evelyn Lolis was invited to speak about the upcoming Mardi Gras party (Feb 2) and how important GOYA's involvement would be. The teens resolved to help set-up tables and to serve food. This group is no stranger work nor rising to the occasion when called upon – especially in service orientated capacities. To further this point, GOYA has signed up to serve the community during coffee hour fellowship the whole month of February. They also wish to volunteer at Stamford hospital in

The Herald



Director Anna Lempesi offers opening remarks at the beginning of the Greek's School's Geography program. (Jan. 28)

March. So, despite a slow start, the schedule will pick up rapidly and include many opportunities to give back. Here are the upcoming events to note:

- Friday, Feb. 2 *Mardi Gras* in Greek Cultural Center gym, 6pm
- Sunday, Feb 4 *Monthly Meeting* in Library (after coffee hour), 12:15pm
- Sunday, Feb 4, 11, 18, 25 Coffee Hour Service in gym
- Monday, Feb 19 Clean Monday Program at Annunciation, 6pm
- Saturday, Feb 24 Parish Lenten Retreat in hall, 9am-3pm led by Paul Karos

Contact: Dorie Poulos, dorielp@yahoo.com

Hope/Joy

Please join Hope & Joy for the annual *Valentine's Visit* on Saturday, February 10th at 11am at Atria Senior Living (77 Third Street; adjacent to the church). Children will make Valentine's Day cards with the residents and spend quality time together.

We invite any and all children to showcase a talent (ie. musical instrument, acapella song, dance, magic, etc.) after we make cards. In the past, the residents have enjoyed the performance program, and deeply appreciate the loving actions and presence provided in thought, word and deed. After the visit, everyone is invited out for lunch (location TBA). This is a special event to enjoy together and we hope to see you there! Contact: Ruth Diamond, rh67@cornell.edu

Little Angels

Little Angels is the church ministry group representing young families including infants, toddlers and preschoolers (ages 0-5 years). Our purpose is to bring together parents and little ones for fun and fellowship, support, and to strengthen our faith and church family friendships and relationships. On January 19, we hosted a Mom's Night Out at Ten Twenty Post in Darien, where the Little Angels Moms enjoyed dinner and great evening of fellowship. Thank you to everyone who came! We had a great time and look forward to planning the next Mom's Night Out soon!



A group of 25 participates in the parish Leadership Retreat part 2 at the Norwalk Inn. (Jan 20)

New Nursery:

As part of the church renovations, a Nursery is now available for parents to care for infants and toddlers needing a diaper change, feeding, or a quiet break in a sound-proofed area while experiencing the liturgy. The Little Angels is excited to sponsor a basket of amenities in the Nursery for parents needing a spare wipe or diaper, baggies for diapers, hand sanitizer, and other helpful items! We are so appreciative of the Master Planning Committee for creating this space to care for the needs of our youngest parishioners and their parents!

Save the Date:

Coming up on Sunday, February 11 is the Little Angels Valentine's Day Party during coffee hour! There will be special treats and fun crafts for the children, including making their own Valentine's Day cards. Look for our table set up after liturgy during coffee hour. We look forward to seeing you! Contact: Vasso Spanos (bkarachris@gmail.com) or Rachel Jones (racheljones.cpa@gmail.com)

Youth Athletics

The CEOBL season is rolling along for our boys JV team led by coach John Skoparantzos. They are sitting atop their division in a tie for 1st place with a record of 7-2. The next home game will be Sunday, Feb. 4 at Annunciation starting at 2pm. Youth & JV basketball practices continue at the Cultural Center on Fridays from 5:15pm-7:00pm.

The CEOVL season is now well underway with our Varsity girls jumping out to a 2-0 start. They practice on Wednesdays from 6:30pm to 8:30pm in the Cultural Center. Their next home game will be Sunday, Feb. 4 at Annunciation starting at 3:10pm.

A special Banner Unveiling will be hosted in our gym on Sunday Feb. 25 in order to recognize and honor the achievements of past youth sports teams. Any youth/young adults from past championship winning basketball or volleyball teams are encouraged to come for this special brief ceremony during Coffee Hour and enjoy good company. Note: Archangels was chosen to host the CEOBL championship games for all 3 divisions on Feb. 25, and we hope for the chance to represent our parish in the JV division game. (Time TBA) Contact: John Skoparantzos (203- 550-6894) or Steve Sarigianis (steve@archangelsgoc.org).

Greek Language Classes for Adults

The world is shrinking with globalization and the internet! Now is a great time for adults to learn modern Greek. We are blessed to have an excellent instructor in Dr. Eugenia Zavras, a biology Professor at Fairfield University and past teacher and director of the Greek School. For information and registration, contact her at 203-322-9561, or call Ritta in the church office 203-348-4216.

Stamford Athletic Club

Don't have time to cook for the family? No problem, SAC and Chef Rafael have you covered with delicious and nutritious meals to go. All the meals are prepared right in our own kitchen at SAC. Stop by the gym for more info.

Due to the popularity of his early Monday morning Cardio Boxing class, Jhonnatan will be teaching an evening Cardio Boxing class starting in February. Come check it out!

A good way to stick to your New Year's resolution is to bring a buddy to SAC and remember, if your buddy joins the Club, you earn a FREE month of membership. SAC personal trainer, Eddy Ste. Juste, has organized terrific small group training sessions to keep you motivated. Email Eddy at

atyourbestfitnessllc@gmail.com for more info.

We are still looking for folks interested in playing Pickleball either late mornings or early afternoons. Please email GM Jeff at jeff@sacteam.com if you or anyone you know may be interested.

If you are interested in booking an event such as a birthday party please contact SAC as our event schedule is filling up fast. You do not want to miss out on all that SAC has to offer.

Did you know that being an Archangels Church parishioner means a large discount off membership rates? Take a tour today and sign up for a FREE 7 DAY TRIAL! We also offer corporate discounts so get your office to come and check us out. Please email Jhonnatan at jonl@sacteam.com if you have any membership questions.



The long awaited moment: Fr. Harry triumphantly leads the congregation in re-entering the newly renovated church as the choir sings the Doxology (Jan. 28)



Fr. Harry blesses the church congregation with holy water near the end of the first Divine Liturgy in the renovated church on Sunday, January 28.



Isabella Rosales (daughter of Jennifer Nanos and Elwin Rosales) takes a walking tour of the new Nursery room, a practical perk of the Church renovations. (Jan. 28)



Right to left: Chris and Luisa Nanos, their daughter Julia, and her yiayia, Penny Nanos recite a prayer with the congregation. (Jan. 28)



Atop the second floor loft, Tom Moulketis concentrates while playing the organ (Jan. 28)



Mosaic icon of Christ Pantokrator (Almighty) in the dome now gleams after professional cleaning.

PARISH NEWS

Funerals

- Jan 3 Katherine Maskaleris Glynn, who reposed Saturday Dec. 30
- Jan 15 Nick Yoranidis, who reposed on Friday, Jan. 12
- Jan 18 George Vlahos, who reposed on Friday, Jan. 12

Wedding

• Jan 28 - Hellen Vouthounis & Dimitri Horiatis; sponsor was Sarantos Vallas



Valentine cards made by the Church School children during Philanthropy/Service Sunday to be mailed to St. Basil's Academy



Greek School students perform a fun final act during the Three Hierarchs program dressed as Smurfs. (Jan. 28)

Special Honor

Congratulations to Nicholas Otis, Stamford High School Class of 2019, on receiving the 2017 Mickey Lione Jr. Fund "Award for Youth Excellence". The Fund annually recognizes six outstanding young people in their sophomore year, one male and one female, from Stamford High, Trinity Catholic and Westhill High schools. It encourages them to set positive goals and be a positive influence among their peers throughout their high school careers. Based on a rigorous application and interview process, the Fund acknowledges the excellence of the students, and honors each with a college scholarship. Nicholas, the son of Mark and Maria Otis, is currently the Treasurer of the Archangels GOYA and has served in the altar for more than five years.



Nicholas Otis (second front right) stands with guidance counselor (far left), Jerry Lione (far right; SHS President), and the SHS female winner.



Little Angels mothers enjoying a night out at Ten Twenty Post in Darien [From left to right: Stacy Valassis, Vasso Spanos, Rachel Jones, Bonnie Spetsaris, Meghan Pasvankias]

opererererererererererere

5

5

g

5

5

5

5

5

5

5

5

5

5

5

5

5

5

9

5

5

5

5

5

5

9

9

Building <u>our</u> Life in Christ

Day of Renewal in Great Lent for Adults & Teens Retreat Leader:

Mr. Paul Karos

#1 Airline Stock Analyst in the world for 5 years Financial Investment Executive Orthodox Lay Leader for GOYA & Men's Groups, Marriage & Family, & Prison Ministry

Saturday, February 24, 9 am – 3 pm

Open to the Public

Schedule

- 9:00 am Divine Liturgy: 3rd Saturday of Souls
- 10:00 am Memorial Prayers
- 10:15 am Coffee Reception

9

5

- 10:30 am 1st Presentation: "Building our Life in Christ"
- 11:15 am Breakout sessions
- 12:15 pm Lunch, Free Time, Parish Bookstore
- 1:00 pm 2nd Presentation: "Enduring the Storms of Life"
- 1:45 pm Breakout sessions
- 2:30 pm Final Group Session
- 2:45 pm Closing Prayer

Greek Orthodox Church of the Archangels 1527 Bedford Street, Stamford, CT 06905-4713

Contact Fr. Harry for more info - hpappas@svots.edu RSVP with Ritta (203) 348-4216 or office@archangelsgoc.org

Freewill donations are encouraged to offset costs Childcare available for an hourly fee by prior arrangement

CHURCH OF THE ARCHANGELS CAPITAL CAMPAIGN

The Capital Campaign Committee: Elias N. Kulukundis, Chairman. Jason Konidaris, Vice Chairman. Father Harry Pappas. Mary Badoyannis, Peter Cholakis, William Grosso, Tim- othy Hartch, James W. Kambas, George Khouri, Peter Licopantis, Penny Nanos, Chris A. Nanos, Chris P. Nanos, George Paparis, Thomas Passios, Gigi Perimenis, Katie Perimenis, Jane Dragonas Perkins, R. J. Vassiliou, Basil N. Vanech The Capital Campaign: The initial goal was to raise \$2,200,000 over a three year period 2014-2017. The Campaign now remains open to cover heavy additional work and associated cost. The purpose of the Campaign is to fund upgrading and renewal of the church campus and ministry with specific emphasis on the Church Hall and offices, and minor cosmetic improve- ments in the Church itself, bringing our campus into the 21st Century. In addition, the amount includes the sum of \$150,000 to fund the salary	Original PhaseTotal Pledges, gifts, and other contributionsTotal Cash ReceivedPledge Payments received since 20 December 2017Total Pledges/ContributorsReopened PhaseTotal Pledges (confirmed), gifts, and other contributionsTotal First Pledges (included above)Expenses:SolicitationSalariesFurniture	 \$ 2,208,280.00 2,132,219,06 33,865.00 160 \$ 546,185.00 150,000.00 292,437.52 20 5 \$ 36,234.22 117,534.32 12,396.67 	OUR GOAL -\$2.4MM
•		,	

George and Cheryl Demetros and

The Contributors (as of January 20, 2018):

Annie Konidaris

PLEDGES Anonymous (8) Evangeline Adams Nicholas and Deedee Aivalis Michael and Jena Anthony George and Katina Antinas James and Aria Antonopoulos Angelo and Dena Aravides Archangels Seniors George Badoyannis Demetri and Constance Begetis Michael and Mimika Blanc Theodore Burtt Jr. and Sophia Gevas Sophie Caloutas Pericles and Diana Caminis Nitsa Chagaris Panagiotis and Maria Chlebogiannis Peter Cholakis and Teresa Cassidy Helen Chochos James W. and Margaret Cocolis Glenn and Angie Colarossi Harry Condos Savet Constantine Nicholas Daifotis Dr. James and Deborah Damascus Gregg and Mary Beth Demetros Matthew and Maria DeVito Elias and Anna Diamantis Peter and Ruth Diamond Stephen and Margaret Fornaciari Peter Gabriel and Mary Badoyannis Stephen and Tina Georgeou Effie Gianos William Gross Rita Haralambidis Timothy and Sophia Hartch Brian Irizarry and Gigi Perimenis Willian and Mary Janocha David Johnson and Nicole Stamatelos Denton and Rachel Jones William and Bertha Jones James and Sylvia Kambas Chris and Elaine Kanos John Kantzas Maryanne Kardaris Dr, Anna Karidas Sophia Karidas Nicholas and Mary Karukas John Kazianis and Evgenia Litrivis George Khouri Arthur and Elaine Kiratsous

Jason and Janie Konidari Nick and Pauline Kounavelis Pam Koutroubis Elias N. Kulukundis Stewart and Kim Leonard Peter and Yolanda Licopantis George and Angie Lines Elias and Evelyn Lolis Boh and Cassie MacFarlane Marc and Maria Magliacano James and Kvriaki Marcarello J. Andrew McEntire Family Charitable Fund Eric and Lea Medow Rita Mehos Nicholas Moisiades Dr. Alan and Marietta Morelli Tom and Melissa Moulketis Chris A. and Luisa Nanos Chris P. and Pam Nanos Christopher P. and Christine Nanos George and Amy Nanos Paul and Debbie Nanos Penny Nanos Peter C. Nanos Theodore and Ann Nanos Theophilos and Fredirika Nikolis Gerrit Niimeiier and Ismini Naos Nicholas Nikas Mark and Maria Otis George and Cindy Paparis Father Harry and Presbytera Pappas Peter and Joan Pasnalis Kimon and Julie Passios Tom and Nike Passios John and Megan Pasvankias George and Panagiota Patsis Thomas G. Patsis George and Jane Perkins Katie Perimenis Dr. Peter and Carmen Perimenis Stefanos and Stamatia Petsas Father George and Presbytera Poulos Maria Poulos Peter and Geri Poulos Stephen and Susan Root Lee and Maria Sampanis Joseph and Rebecca Samra Pericles and Erika Sentementes Robert and Branislava Shekhdar

Ken and Maria Shepard Theodore and Diane Sierpina Louis and Anna Sioles Catherine Sofronas Agesilaos and Molly Sotire Sotiris and Nicoletta Soulios Demosthenes and Anthea Speridakos Konstantinos and Bonnie Spetsaris Helen Stamatiades Evan and Roula Stergianis Dr. Stelios Theofanides and Dr. Elizabeth Siderides Dr. Steven and Nadja Touliopoulos Demetrios and Leda Tsapralis Katina and Margaret Tsirantonakis Alkiviadis and Matoula Valassis Soulafreda Valassis Dr. Steven and Anastasia Valassis Steven and Antonia Valassis Basil and Terri Vanech Nadine Vasilacopoulos John and Medina Vasily Argyris and Ann Vassiliou Angelica Verses Jane Vorvis Peter M. Vorvis Paul and Goldie Winn Nicholas and Kyriaki Yoranidis Nicole Yoranidis NON-PLEDGE CONTRIBUTIONS Estate of Fay D. Couyoumjian Estate of Marge Rubirosa Ladies Philoptochos Society, Church of the Archangels AHEPA Chapter No. 99 Anonymous (3) Jameela Androulidakis Peter and Christine Antipas Evangelos Aposporis and Victoria De Melo Paz Archangels Greek School P. T. O. Maria Olga Athanasiadis Mary Louise Bennett Dean Bouloukos Peter Cholakis and Teresa Cassidy Helen Chagaris Jeanette Chagaris James and Marge Cocolis Popi Demakos

Christie Demetros

Family Spencer and Catherine Demetros and Family Katherine Ferentinos George and Pauline Galuris Peter Galuris Peter and Soulafreda Hantes Chris and Athena Harisis Tim and Sophia Hartch Ann E. Hogan Jim and Sylvia Kambas Maryanne Kardaris Dr. Anna Karidas Steve Katsetos Basile Katsikis Annie Konidaris Janie Konidaris John Konidaris Miles and Joan Kulukundis Natalie Kulukundis Christina Kyriakou Nick and Vicki Kyriakos Stacy and John Louizos John and Joella Lykouretzos Bob and Cassie MacFarlane Sonia Sotire Malloy and Splurge Gifts Inc. Michelle Marmarinos Nikephoros Matthews Peter and Mary Ann Michael and Family Mr. and Mrs. Jerry Minetos Chris and Luisa Nanos Chris and Pam Nanos Christopher and Christine Nanos George and Any Nanos Paul and Debbie Nanos Penny Nanos Nicholas Nikas Phil and Frederika Nikolis Dr. James and Marcine Otis John Pantel John and Evanthia Panulas George and Cindy Paparis Father Harry and Kerry Pappas Kimon and Julie Passios John Pasyankias Stephen and Ana Ripp Dr. Nicholas and Serene Romas Scott and Helen Santoro

Nancy Savaides Aristotle Sentementes Nestor Sgouros Ken and Maria Shenard Boh and Ann Simon Aggie and Molly Sotire Jim and Freda Stanton Dr. Steven and Anastasia Valassia Dennis and Marion Vanson John and Medina Vasily Evangelos and Denise Venturas Stephanie-Eva Venturas Ioanne Verses Helene and Manoucher Yektai MEMORIAL CONTRIBUTIONS Ladies Philoptochos Society, Church of the Archangels John D. and Beth Agapiou Jonathan and Ellen-Ann Anderson Katina Antinas Peter and Christine Antipas Lisa Antone Atlantis Property Investments Mr. and Mrs. Thomas L. Beaudoin Demetri and Constance Begetis Michael and Mimika Blanc Mr. and Mrs. Robert Bonafide Jeanne C. Broikou Stephen Burns and Paula Efkarpidis Sophie Caloutas and Marietta Morelli Pericles and Diana Caminis Albert and Catherine Candito Joan S. Cannizzaro Marios Cavadias and family Wendy Cavadias and Marco Martinez Helen Chagaris Eve Christie James W. and Margaret Cocolis Nicholas F. Cognetta Funeral Home and Crematory Inc. Elisabet Constantine Deborah L. Convers Ms. Michelle Coppola Mr. and Mrs. James P. Corcoran Nicholas and Roseann De Camillo Popi Demakos Gregg and Marybeth Demetros Peter Demetros

Matthew and Maria DeVito

Mr. and Mrs. Michael C. Drowne Stanley and Patricia Ann Esposito John and Lillian Faccio George Filis Mr. and Mrs. Chester F. Forman Jr. Sharon Fornaciari George and Gloria Gekas George and Larissa Gentekos Efforaxia Gianos Great Wrans Grill George N. Hadgis Christos and Demetra Halkias Mr. and Mrs. Van Hatzis Naresh and Carolyn Hiller Mary Howard William and Mary Janocha William and Bertha Jones Mr. and Mrs. Robert A. Jordan Jr Panagiotis and Melanie Jordanopoulos. Margot Kalaizes James and Sylvia Kambas Dr. Anna Karidas Mr and Mrs George Kathrakis Jennie Kiriakopoulos Annie Konidaris Konstantinos and Theodora Koromvokis Mr. and Mrs. George Kostopoulos Elias N. Kulukundis Natalie Kulukundis Maria Lambrinakos Katherine Lampros Nicholas Laveris Stavros and Penelope Lazarides Mr. and Mrs. Brian Lernihan Liberty Wealth Advisors Peter and Yolanda Licopantis John and Stacy Louizos Robert and Cassie MacFarlane James and Kyriaki Marcarello John and Eirini Metaxas Perry and Kim Mihaleas William and Diana Mihaltse Anthony G. Mixcus Cvnthia A. Mixcus Mr and Mrs R Edward Mulford Mr. and Mrs. Stuart Nekritz Nicholas Nikas Mr. and Mrs. James F. O'Neil Andrew DiFiore Jr. and Brenda Piskin Lilian O'Neil

Mr. and Mrs. Kenneth Divito

Orbital Insight Inc. Nicholas and Angela Paidas George and Cindy Paparis Tom and Nike Passios Dr. Peter and Carmen Perimenis Mr. and Mrs. Douglas Potkay Peter and Argery Poulos Marianthe Prodes Allen and Despina Proithis Kristin Redaelli Helen M. Richiski Louis F. and Anne Richiski Soula Rizos and Stanley S. Demakos Timothy and Maria Scanlon Mark and Mary Schiller Eriberto and Manita Scocimara David and Sandie Scott Dr. Cleo Siderides Dr. Elizabeth Siderides Elliott and Margaret Siderides Theodore and Diane Sierpina Amanda Silberstein Louis W Sioles LLC Michael and Nancy Skoumbros Mihai and Cristina Smina Aggie and Molly Sotire Medina Stamatelos Peter Stamos Mr and Mrs Van P Strakes Ms Susan M Stratoudakis Vasiliki Thomas Todd and Ellen Tillemans Nick and Vasso Triantafilidis Kathleen Troetti and Peter Troetti Jr. Dennis and Marion Vanson Mr and Mrs Aldo A Vitti Helen Vittorio Bill and Penny Vlandis Georgia Vouthounis Gregory Wojick and Pandora Carlini-Wojick Dr. Steven and Paige Wolfe Charles and Christine Zacharias Peter and Eugenia Zavras Maria Zezima