The Heart of Hospitality

What is the heart of hospitality?
Could it be the heart itself?
Not as a muscle that pumps blood, but as the Biblical way of referring to our amazing inner life of conscience, self-awareness, intuition, reason, moral decision-making, reflection, memory, creativity and the power of free will. All of this is totally out of sight, unlike our physical body. Indeed, long ago St. Gregory of Nyssa daringly asserted that this invisible core is a far greater universe than the one that exists outside us in space! (Imagine what a modern astronomer might think of this claim.)

Yet if we pause to reflect on our inner life, is it not true? How much are we living closer to the surface? How often do we probe our depths?

Even if it may have never occurred to us before, Christ came to dwell by grace within our heart from the moment we were baptized. Evidently, he was eager to find out what it’s like to be in such a unique home. Yet, since most of us were baptized at such a young age without any awareness at all, much less consent, what happened after Baptism?

Recently, at his Ordination to the Priesthood, Fr. Panteleimon Papadopoulos publicly cited the example of his parents while growing up in Norwalk – they took him to church every Sunday, taught him how to pray at home, observed the fasts of the Church, and honored the Saints. This mentoring at home energized Baptismal grace and created a very hospitable environment within his heart for Christ to dwell. It even implanted the desire to be a priest one day.

While the Lord never intended for all of us to become ordained priests, he did consecrate us as members of the royal priesthood through Chrismation and the Gifts of the Holy Spirit. So, he was not only allowed to set up a home in our heart but to adorn it with very fine furniture as a glorious dwelling place! Did not Jesus himself say once, “Those who love me will keep my word, and my Father will love them, and we will come to them and make our home with them” (John 14:23)?

There you have it – the heart of hospitality is our own heart. As persons. As families. As a community of faith. And the more we grow to love Christ from the heart and with our heart, the more the Holy Trinity will feel right at home inside us. Imagine the results! Consider the possibilities!

In the last month there have been two different times where I have begun to dialogue with young children, teenagers, and adults about the ancient Christian practices of Silence, Stillness, and Prayer. These have been hallmarks of the Orthodox Church through history (especially in monasteries) since they anchor the inner life in God’s grace. Unfortunately, these have been lost in parish life over the centuries and are virtually unknown in our busy and stressed-out way of living in the world. Yet, I have received very positive responses after both conversations that included practices. I attribute this to the unmistakable hunger in every human for a deeper connection to God, the Source of all life and energy. With so much focus on interacting with our environment (home, school, work, society; computer, internet, television, cell phones), and so much psychological stress (anxiety, depression, distraction, information overload), it’s no surprise that we yearn for simplicity, stability, peacefulness, and wholeness.

Our hearts become open in a variety of ways after infant Baptism. For most, it is a very gradual progression as we experience Christ through family life, education, work, church, relationships, and a host of circumstances. For others, it may at times occur in sudden, overpowering experiences of God’s presence. Since the bumps and bruises of life tend to harden our hearts, what counts is the softening that is a sign of grace working its way inside us, creating and re-creating the glorious space where the Holy Trinity can dwell and then lead us to cooperate with others, above all in our own community of faith, to become more hospitable to everyone we meet – familiar or stranger, like us or not, easy or difficult to love.

Funny how this results in us becoming more like the wild, limitless love that flows from God’s heart into the world!

– Fr. Harry
Parish Council

As Parish Council Present Tim Hartch announced to the community on October 27, the Parish Council voted at its October meeting to rent the Greek Cultural Center pool to an organization called Sweet Blue Swim Academy, which focuses primarily on teaching infants and young children how to swim. The owners of Sweet Blue Swim are Cristina Teuscher and her husband Amerigo Fabbrini. Cristina was a member of the U.S. Olympic swim team in 1996 and 2000 and won one gold medal and one bronze medal. She then served as the varsity women’s swim coach at Yale University.

The Parish Council believes that this will be a win-win arrangement for our Church and Sweet Blue Swim. Sweet Blue Swim will (i) pay us an attractive monthly rent, (ii) cover all of the up-front costs of cleaning, refurbishing, and reopening the pool and ladies’ locker room (which they are converting into a unisex changing area), and (iii) operate and maintain the pool going forward. Please note that the pool and locker room will be for the exclusive use of their program and customers and will be locked when not being used by them. Sweet Blue Swim also will be renting the Greek Cultural Center office across from the pool. Our expectation is that Sweet Blue Swim will offer classes in both the morning and afternoon. See the Sweet Blue Swim website for additional information:

https://sweetblueswim.com/programs/

Our lease with Sweet Blue Swim will run from November 2019 through December 2020. The Greek Cultural Center Committee, which is being led by Parish Council member Steven Georgeou, is continuing to examine the best long-term options for the Center.

In addition to approving the opportunity with Sweet Blue Swim at its October meeting, the Parish Council also heard a report from Jason Konidaris on behalf of the Master Planning Committee regarding the closeout of the church’s successful construction project. Annie Konidaris also led a discussion on the efforts that the Parish Council is taking to ensure that our new facility receives proper cleaning and care in order to keep it in top shape for our ministry and community events.

The next Parish Council meeting will take place on Tuesday, November 19 at 7:15 p.m. in the conference room of the new hall. As always, we welcome questions and ideas from all members of our community – please just reach out to a member of the Parish Council. Contact: Georgia Man, georgiavman@gmail.com

Parish Council Elections – Sunday, December 8

Members in good standing in the Orthodox Church (18 years of age & older) may submit their name for election (either at the Special Assembly on Nov 3 or privately) if they meet the following criteria:

1. regular attendance at worship services, acceptable moral lifestyle, and up-to-date stewardship;
2. membership at our parish for at least one year prior to the election;
3. attendance at a Seminar conducted by area clergy – nearest ones are at
   a. Tue, Nov 12, 6:30-9 pm @ St. Barbara in Orange
   b. Sat, Nov 16, 9:30-12 noon here
   c. Sat, Nov 23, 9:30-12 noon @ Holy Trinity in Waterbury
4. signed documents – to abide by the Uniform Parish Regulations of the Archdiocese, along with Conflict Disclosure Statement, and attendance at a Seminar.

Five positions on the Parish Council will be elected to a 3-year term. For more info, contact Fr. Harry or Tim Hartch.
Online Donations
Online donations can be always made through our church website www.archangelsgoc.org, where you can offer one-time or recurring contributions. Please make sure to include a note in the “special instructions” field if you would like to direct your donation for a specific purpose or ministry. Donations can be made by bank account or credit card and are processed securely via PayPal, one of the largest and most trusted online payment processors. However, you do not need to have a PayPal account to make online donations. You can expect to see improvements and refinements to this capability over time, including the ability to more easily direct your donation to a particular ministry and provide online payment options for ministry programming (e.g. Greek School) and social gatherings (e.g. Mardi Gras, GreekFest). Contact: Antonia or Laura in the office

2019 Stewardship –
New Stewards: October 1 to October 22, 2019
Adams, Evangeline and Arthur
Antipas, Katina
Chagaris, Helen
Clifton, Olya
Janocha, Mary and William
Moisiades, Nicholas and Christina
Scocimara, Manita and Eriberto
Tolve, Harriet
Varunes, Barbara
Vassiliou, Argyris and Ann

Master Planning
Master Planning is winding down its work after many months of construction and many years of planning. We are so very grateful to everyone in the community who helped bring our campus into the current century. May it outlast us all! We are currently administering a construction punch list of just under 100 line-items. Many were completed in September. Of the remaining items none are of great size or concern. Our contractor and architect continue to be very responsive and thorough in their work. We expect to tackle all final payments and all building training this month, after which we will turn the building over to the capable hands of our staff and our Building & Grounds Committee. Contact: jason.konidaris@yale.edu

Buildings & Grounds
The Buildings & Grounds committee has been busy supporting the new fellowship hall and assisting with the close out of small items. Michael Jackson recently sourced and installed a new doorbell to allow the main office to better monitor and be alerted to entry and exit into the building. We are also starting to reach out to vendors to furnish and install window shades for the offices that open onto the parking lot to provide some additional privacy and sun control. Finally, B&G worked with Mega Mechanical to replace an actuator and damper on one of the existing HVAC units in the basement of the church which had been repurposed for use as part of the fellowship hall system. We have also requested a preventative maintenance agreement from Mega which will provide service for all HVAC equipment (new and old) in the church and fellowship hall. Contact: Peter Hantes, peter.hantes@gmail.com

Beautiful new Chalice Set and Blessing Cross donated to our church (Oct 11)
**Prayer of the Month**

In this year of Hospitality, here is a prayer we can incorporate into our own devotions:

Lord, Jesus Christ, you are the supreme host since you are the One through whom we were created and saved, and you are the best guest since, during your ministry on this earth you accepted invitations to dine at the home of those who were wealthy and important as well as those who were not. You welcomed not just your disciples to eat with you but also those who were dis-honorable, such as tax-collectors and sinners, and you offered the gift of salvation to pagans, heretics, and your enemies.

**Did You Know?**

The Greek word for hospitality is φιλοξενια, meaning “love of the stranger.” Traditional hospitality in Greece is striking: there are many reports and experiences of relatives opening their homes in remarkable ways, even if they do not have the kind of material resources that we enjoy in America – delicious and abundant homemade meals, relaxed company, giving up their own beds, polishing shoes while visitors sleep, arranging visits to area attractions, introducing the village. Within the Church, Christians were taught from early on to welcome everyone as Christ himself. Most surprisingly, this especially meant the poor, homeless and powerless. Once, himself a guest at a wonderful feast, Jesus said to his gracious hosts, “When you give a luncheon or a dinner, do not invite your friends or your brothers or your relatives or rich neighbors, in case they may invite you in return, and you would be repaid. But when you give a banquet, invite the poor, the crippled, the lame, and the blind. And you will be blessed, because they cannot repay you, for you will be repaid at the resurrection of the righteous.” Wow – what a challenge for us as persons, families, and as a community of faith!

**Worship Schedule – Feast Days & Special Events**

- **Wed & Thu, Nov 7-8:** PATRONAL FEAST OF ARCHANGELS – Mon, Vespers 7 pm; Tue, Orthros 8:30 am & Liturgy 9:30 am
- **Thu & Fri, Nov 8-9:** St. Nektarios @ Annunciation: Thu, Vespers 7 pm; Sat, Orthros 9 am, Liturgy 9:30 am (they have a relic of this popular modern-day Saint of Greece)
- **Wed, Nov. 21 – Entrance of Theotokos into the Temple:** Orthros 8:30 am & Liturgy 9:30 am @ Annunciation
- **Mon, Nov 25 – St. Catherine the Great Martyr:** Orthros 9 am & Liturgy 9:30 am

**Adult Education – all groups meet in the Conference Room**

- **Morning Bible Study** – meets generally the last Wednesday morning of each month to study the Parables of Christ. Contact: Anna Diamantis or Fr. Harry
- **Wednesday Bible Study** – meets every time there is Greek School at 4:30pm to study the daily Gospel readings (currently from Luke). Contact: Annie Chochos or Fr. Harry
- **Bible Study** – Monday evenings: Compline 7:15 pm, Class 7:30 – 9:00 pm. Topic: Book of Revelation, the most widely misunderstood and perplexing book of the Bible. Study guide: Revelation: 22 Studies for Individuals and Groups, by N.T. Wright (12 copies have been ordered for bookstore). Contact: Fr. Harry
- **Men’s Koinonia Group** – meets on Thursday, Nov 21, 7 pm; George Paparis will bring treats. Topic: TBA.
- **Marriage Class** – 2 sessions on Sunday afternoons for couples preparing for marriage. Dates are TBA. Contact: Fr. Harry
- **Ecumenical Grief Support:** a 7-week session, Tuesdays, Nov 5-Dec 17, 6-7:30pm @ Tully Health Center, Conference Room B. For more info and to register, contact Rev. ReBecca Sala, Manager of Spiritual Care, 203-276-7445 or rsala@stamhealth.org
**Weekly Food Drive**

Philoptochos encourages everyone to bring non-perishable food every week for the Lower Fairfield County Food Bank. There are 4 collections bins in the narthex, entry from back parking lot, and outside the offices. Items include canned meat, tuna, chili, beans, vegetables & fruit; rice, pasta & tomato sauce; peanut butter & jelly; cereal & parmalat milk; pancake mix & syrup; coffee & tea. Our parish continues to be one of the leading contributors and the Food Bank is very grateful for our generosity to the working class who are unemployed and under-employed. Contact: Penny or Debbie Nanos.

**Thanksgiving in Stamford**

- **Sunday, November 24**: Stamford Holiday Parade (12 noon – 2 pm): Joy-Hope is planning a get together for Liturgy, the parade and a pizza lunch. Keep in mind that more than 100,000 people are expected this year.
- **Interfaith Worship Service “A Time to Be Grateful”** on Sunday, Nov 24, 5pm @ Temple Beth El (350 Roxbury Road, Stamford). Music by New World Chorus; open to the public. Bring a donation of boxed or canned goods. Sponsored by the Interfaith Council of Southwestern CT.

**Ladies Philoptochos Society**

Please join us for the Church’s Feast Day and reception on Thursday November 7 and for the annual Turkey Bingo on Saturday, November 23! At the October 8 meeting, our members donated funds from the tray passed during Liturgy to Holy Cross Seminary. It also approved a donation to the National Forum of Greek Orthodox Church Musicians to support its trainings and other work. We are collecting clean, used coats for men, women and children to benefit the Bridgeport Rescue Mission. Please bring your donated coats to the church by November 12.

Sunday, November 3 was Philoptochos Day. Father Harry led a Trisagion in memory of Philoptochos members who have passed away. Our chapter hosted coffee hour. Thank you to all the members who contributed. A tray was passed to benefit the Patriarchate. At our Nov. 5th monthly meeting, we will begin at 6 p.m. to set up for the Feast Day reception and then proceed to Philoptochos business. Please join us! The reception is being chaired by Penny Nanos. At the meeting, we will also finalize plans and volunteer assignments for the Turkey Bingo. We are in need of gift cards from local restaurants and businesses and wine for the raffle baskets. We also can use more turkeys! Please contact Lara Paschalidis at larapaschalidis28@gmail.com if you can donate an item or solicit a gift card from a local business you patronize. Contact: Eugenia Zavras, etz124@yahoo.com

**Church School**

The Church School Program is in full swing and our classrooms continue to buzz with participation and learning! Also, an overwhelming 50 participants (children, parents, and teachers) attended our first ever Children’s Prayer Retreat last month! In order to continue deepening our understanding in the fundamentals of our faith, we have scheduled a follow-up Children’s Gratitude Retreat for Friday, November 15 at 5pm with a family Friendsgiving Fellowship Dinner to follow. Please RSVP for this intimate opportunity to grow in faith and fellowship.

Our next Philanthropy Sunday will be held on Sunday, November 10. Finally, the casting call for our annual Children’s Christmas Pageant (scheduled for Dec 15th) will begin shortly. Wishing families a beautiful month of counting blessings!

Contact: Dr. Evelyn Bilias Lolis (ebilias@aol.com)
**Greek School**

Congratulations to the children of our Greek School for their beautiful and moving performances for our OXI Day celebration! And a big thank you to all families who helped us celebrate this holiday with pride, cheer, and dancing! Our children had the opportunity to wear for the first time recently purchased traditional Greek costumes that are handmade. Our deepest gratitude to Paul and Debbie Nanos and to the Athanasiadis family for their generous donations which went to the purchasing of these costumes. In addition, our children have been photographed for school portraits in these costumes through the generosity and talent of Maria Devito Photography. Make up sessions for portraits including any child in the community who would like to put on a Greek costume and be photographed will be held on Sunday, November 17th after Holy Liturgy. Lastly, please join us for our first ever Children’s Gratitude Retreat which we are cosponsoring with the Church School Program on Friday, November 15 at 5 PM with a friendsgiving dinner to follow!

**Little Angels**

Little Angels is the church ministry group representing young families including infants, toddlers and preschoolers (ages 0-5 years). Our purpose is to bring together parents and little ones for fun and fellowship, support, and to strengthen our faith and church family friendships.

**Gratitude Celebration**

Please note that the Little Angels Gratitude Celebration on Saturday, November 16 is being superseded by the Church School’s Gratitude Retreat and Friendsgiving Fellowship on Friday, November 15 at 5:15pm which is open to families across all ministries. We hope to see everyone there!

Look out for upcoming future events! Contact: Vasso Spanos (bkarachris@gmail.com) or Rachel Jones (racheljones.cpa@gmail.com)

**Hope/Joy**

On October 5th the Hope & Joy children and parents joined Firefighter Michael Jackson, St. Vladimir seminarian/intern Loveday Okafor and the Little Angels group at the New Canaan Firehouse to launch National Fire Prevention awareness month. After a bagel breakfast, Michael explained important fire safety rules and demonstrated some fire equipment alongside the fire trucks.

On October 18, the children and parents participated in a prayer retreat with Father Harry. He highlighted the importance of silent prayer and Jesus prayer.

On October 26, Peter & Theresa Cholakis with Hope & Joy parents helped organized the annual Family Fun Night / pizza party. The children enjoyed fun and healthy sports games and competition.

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**SAVE THE DATE**

**Turkey Bingo**

Saturday, Nov. 23
The next event will be the pizza party at Summer St Kitchen on November 24 after the annual Stamford Thanksgiving parade. More details to follow via evite.com. The annual Christmas party is tentatively scheduled for December 14.

**GOYA**
The annual GOYA Lock-In took place on Friday, October 25 at the Greek Cultural Center. The program included compline prayers, a meal together catered by Hope Pizza, a faith discussion led by FR Harry on how to be present in the present, and various gym games and activities late into the night.

Please note the GOYAns have decided to sell a discount card for $20 with various local restaurants participating this year. If you know of any establishments that you think may want to sign up, please let Maria or Rebecca know. Discount card fundraisers are a win-win for all. Businesses like them because they bring in more customers and if you buy one you will love it because you will save money with great discounts from local businesses.

Contact: Maria Otis (maria.otis@yahoo.com) or Rebecca Kelesidis (rebecca.kelesidis.com)
**Greek Language Classes for Adults**
The world is shrinking with globalization and the internet! Now is a great time for adults to learn modern Greek. We are blessed to have an excellent instructor in Dr. Eugenia Zavras, a biology Professor at Fairfield University and past teacher and director of the Greek School. For information and registration, contact her directly at 203-322-9561, or call church office 203-348-4216.

**Family Gym and Game Night**
Once again, we had a lively crowd for our Fall edition of Family Gym and Game Night on Saturday, October 26. Parents, grandparents and children of all ages came together to catch up, play some games and enjoy a nice meal. There was something for everyone with board games for our adults and children, coloring for our pre-schoolers and some organized gym games for our kids who needed to run off some energy. On the gym games side, the kids wanted to mix it up so we split the group into two teams for what turned out to be an epic competition. The roster of games included a few unconventional ones, like magic carpet relay races (kids pulling one another around on blankets), bean the coach (target practice with tennis balls as the ammunition and coaches as the target) and hula hoop sessions, as well as a few old favorites like relay races, ship to shore (simon says type running game) and tug of war, which is always the crowd favorite. Kids and coaches, alike, had a blast. Everyone ate well too with a wonderful dinner of pizza and salad from Hope Street Pizza, provided by the Church for a free-will donation, followed by cookies and ice cream as dessert.

Game Awards: the “I can move” award goes to a Katerina Giannakopoulos – she took a break from a board game to enter the Hula Hoop competition and outlasted them all; the “I’m dangerous” award goes to Jack, someone’s neighbor – he has a canon of an arm with pinpoint accuracy, a very dangerous combination for the bean the coach event as our next award winner found out, and the “Best Adult” award definitely goes to Chris P. Nanos, who donned a face mask and took a tennis ball in the chest, all for the love of the game. Well done!

**Artist Spotlight: Margaret Tsirantonakis**
After Liturgy. April 2018 during coffee hour Margaret Tsirantonakis, artist, saw a presentation for the renovated Fellowship Building. She approached Jason Konidaris, Chairman, Master Planning to inquire if they had plans for artwork in the open wall spaces. Jason promptly responded, they would love to explore adding color and life through art. He would be delighted to pursue hanging a few of Margaret’s existing paintings tied to a Grecian theme for a predetermined time frame.

In May 2019, Jason introduced Margaret to Jane Perkins a member of the Master Planning Committee. Jane, Jason and Margaret toured the open spaces. Jane visited Margaret’s studio, and her home. Together they selected paintings that would be suitable. Jane recommended displaying a more comprehensive exhibit. A series of watercolors done in Crete and large oil paintings completed in Margaret’s studio infused with light, color and spirit. With Father Harry and the Parish Council’s approval an exhibition of twelve artworks were hung in August with the assistance of Sophia Gervas and Margaret’s, husband, Hugh Bareiss.

Margaret Tsirantonakis was born in Chania, Crete, Greece. Frequent travels to her birthplace inspire her paintings as well as nature and her gardens in Stamford, CT. Raised in Astoria, NY where Margaret attended St. Demetrios Greek American School, and graduated from the High School of Art & Design, NYC. She received her BFA from Parsons School of Design. She has had numerous solo and group exhibitions in NYC, CT and Greece. Her work is in private collections in the U.S., Europe and Japan, and has received many awards. Most recently in August 2019 she received the New York Studio School’s Alumni All Work Exhibit Award for her painting, “Blooming.”

Along with her Mother and late Father she has been a member of the Church of the Archangels for fifteen years. During the weekend of Nov 1-3, Margaret opened her Stamford Studio to the public for viewing her completed works and those in progress. Fr. Harry and a variety of members enjoyed a wonderful time visiting her on Sunday, Nov 3.
Kali Parea/Seniors
The Kali Parea had their luncheon on October 10, and viewed a slideshow of GreekFest during their meal, followed by a wonderful film on Greece, entitle “Secrets of the Past,” a film narrated by Nia Vardalos. Come join us at our next luncheon on November 14, at 12:00 noon. Please call Pamela at 203-554-0042 to make a reservation or call the church and make your reservation. We will have a speaker on transportation for seniors that do not drive. Wishing everyone a Happy Thanksgiving! Contact: Pam Koutroubis, pamelak2145@gmail.com
† Parish Feast Day †

Thursday, November 7
Great Vespers at 7 pm
Area Clergy to lead; Visiting Chanter from Seminary
Reception to follow, offered by Philoptochos

Friday, November 8
Orthros at 8:30 am
Divine Liturgy at 9:30 am
Catered Reception at 10:30 am

Please RSVP for Friday Liturgy 203-348-4216 or office@archangelsgoc.org

Philoptochos
Winter Coat Drive

Drop off gently used coats by NOVEMBER 12
in the Cultural Center –
women’s, men’s, & children’s coats
of all sizes accepted

To support the Bridgeport Rescue Mission
EAT
drink
&
BE
thankful

Friendsgiving Fellowship

NOV. 15 2019

Gratitude Retreat

Mini Retreat 5:15-6:00pm
Friendsgiving Dinner to Follow
Greetings from your Stamford AHEPA chapter 99! We don’t have any local events scheduled for November, but we do have our District’s 2019 Hellenic History Tournament on Saturday, November 23. It is a knowledge competition for secondary school students about the 3500-year-long history of the Hellenes. Our local Stamford team this year is The Argonaftes consisting of Daphne Harch, Peter Giannakopoulos and Phoebe Harch. You are all invited to attend and cheer them on! We start at 11:30 am with a lunch of pizza and salad, take a group photo, discuss the competition rules and launch into the first round of matches. During a match, each question and four multiple choice answers are projected onto a screen from the computer monitor. Questions are read and answers recorded by adult moderators. The computer keeps a running log of the teams’ scores. The visual projection of questions, answers and scores simulates an exciting TV quiz show environment and keeps the audience aware and involved. The tournament ends around 4:00 pm with the prize awards to the two top teams. For additional information, please contact Nicholas Nikas, niketes@yahoo.com, 203-554-5570.

Weddings
October 6, 2019 – Christopher Lessard & Emily Lessard Koumbaro: Matthew Lessard

Engagement
Jennifer George and Philip Seiss who are planning a wedding next summer

Birth
Eleni Begetis Mohr & Nathaneal Mohr gave birth to their first child, Penelope, on November 1, 2019, in Boulder, CO; congratulations to Connie & Dimitris Begetis on becoming grandparents, and to Helen Chagaris on becoming a great-grandmother!

**PARISH NEWS**

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**AFFILIATED ORGANIZATIONS**

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